



# E-AKHBAR

## SECOND EDITION

## EXPLORE THE CONTENTS

Welcome to our Monthly E-Newsletter	Page 1
Our Inspiration	Page 1
Upcoming Activities	Page 1
Message from the Principal	Page 2
Message from the Vice-Principal	Page 2
Message from the Headmistress	Page 2
School Vision & Mission	Page 2
Parents's Orientation	Page 2
Star Performers	Page 2
Co-curricular Activities	Page 3
Teachers' Day	Page 3
Spell Bee	Page 3
E-mail Writing	Page 3
Reading Campaign	Page 4
Kush's Kitchen	Page 4
Kids Screen	Page 4
Agreements of E-classroom	Page 4

## WELCOME TO OUR MONTHLY E-NEWSLETTER

We welcome you all to travel through the next chapter of E-Akhbar. This monthly E-Newsletter will help you to explore the remarkable updates.

As we join together in the movement of Educating Young Minds and shaping their future, we appreciate the efforts of our dear parents in keeping up with the pace and learning new things with the change in time.

## OUR INSPIRATION



The Late Pushpa Khanna Ji was an enlightened and public-spirited citizen of Kanpur. She was born in Delhi on 3rd March, 1925 to Har Kishore Kapoor and Jamuna Devi Kapoor. She got married to Shri Nandlal Khanna Ji in the year 1939 at the young age of 14. Her father-in-law encouraged her to study further and so she completed her Masters' degree in Hindi while at the same time mothering two wonderful young kids.

A highly zealous and enterprising nature inspired her to open a Home Science Institute for women in Kanpur in the 1960s on the model of Lady Irwin College in New Delhi. Espousing the cause of women empowerment, this institute helped make a number of women self-reliant. In the year 1965, when her father-in-law Shri Hiralal Khanna Ji, the great educationist, passed away, she took the reins of Poorna Devi Khanna School in her hands and led the institution to such great heights. In the year 1987, she started Shri Nand Lal Khanna Vidya Mandir at Vishnupuri in memory of her husband Late Shri Nandlal Khanna ji with just seven students on rolls. She was a registered Homeopath doctor as well as the Secretary of All India Women's Conference (Kanpur branch). She showed the world how a chain of institutions could be established with dedication by a single generation. Her life which was devoted to the service of humanity was full of glorious achievements. This great visionary left for her heavenly abode on 30 April 2017. Her memories will be cherished in our hearts forever. She will be greatly missed, but her legacy will live on for many years to come. In her fond memory, the NLK Group of Schools is running the first of its kind Pediatric Neuro Rehabilitation Centre in Kanpur for providing Occupational therapy, Physiotherapy, Speech therapy, Sensory integration and Neurodevelopmental Therapy as "Pushpa Khanna Memorial Centre". She is a path setter for all of us. She taught us the motto "Develop a passion for learning. If you do, you will never cease to grow."

"LEAD KINDLY LIGHT THROUGH THICK AND THIN, AND SHOWER US WITH HOLY BLISS; FOR THE NOBLE MISSION TAKEN IN HAND, IS GETTING BETTER FOR HIGHER LIFTS."

## Upcoming Activities

### Grade 6-8

Its Essay Time	17th Oct
Check Your Knowledge	31st Oct
I am an Illustrator	7th Nov
Writing a Book Review	21st Nov & 28th Nov

### Grade 9-12

Digital Career	17th Oct
Its Essay Time	31st Oct
Career Talk	7th Nov
Face Speaks a Lot	21st Nov
My Start Up	28th Nov

## Message from the Principal

Greetings from NLKVMIC!!

We believe in a joyful experiential learning system wherein, each child is encouraged to participate wholeheartedly. We believe in empowering our children in such a manner that they act as representatives of a meaningful and value based society! Our pedagogy which is holistic and comprehensive, complements this. We have a team of fabulous faculty members who display boundless energy and intense commitment which keeps the ethos of our school shining brightly.

- Gyan Singh, Principal



## Message from the Vice-Principal

It's a privilege to talk to you through this Newsletter. At NLKVMIC, we believe that the foundation of a child should be strong in order to shape the future. We emphasize on the Moral values and Ethical principles. We prepare the students for being a life long learner. We encourage the Independency & Teamwork. Our children are taught to be in Discipline because it lays a strong foundation of the child's future. I personally believe that "Discipline is the soul of Life" and without it, success can not be achieved in the life. Thank You for your cooperation during these years and hope the same in the future.

- Ashish Trivedi, Vice Principal



## Message from the Headmistress

As we all know, we are going through global crises of COVID-19. During these uncertain times with school closures and significant shifts away from normal routines, many people have expressed concerns about the impact on students' academic journeys. We are thankful to our parents for commending and appreciating our teachers for imparting lessons on a platform, which was completely unknown to them, we also appreciate our young leaders, our talented ones for learning the technology very fast, accepting the challenge to prove themselves at every platform.

We believe in famous quote "DON'T QUIT! EVERY DIFFICULTY IS AN OPPORTUNITY IN DISGUISE". It results to successful conduction of curricular and extra curricular classes and assessments via online mode. Dear Parents, this is the time, when we can make a healthy bond with our adolescent kids, we can tell them the difference between right and wrong. Our child goes through several mental and physical changes in this age, as parents we must understand and try to counsel them at every step.

- Kawaljeet Kaur, Headmistress



### SCHOOL VISION

The visionary founders of the school had setup the aims that NLK would provide a very high standard of all round education to the deserving students with the help of versatile teachers. They believe that a natural environment with wide variety of pursuit for excellence in indoor and outdoor sports activities led to the wholesome development.

Belief in the dignity of labour and joint efforts for development of Ethical and Moral values are continuing in pursuits of our motto -

"VIDYA DADATI VINAYAM"

Our main aim is to provide superior Educational facilities by progressive and experimental teaching and to develop self-confidence, leadership qualities and self-discipline through participation in physical training and various co-curricular activities.

### SCHOOL MISSION

Our mission is to inspire every child and make them recognize the value of working together for their overall development. We offer an integrated approach to curriculum to meet every need and help your child to achieve academic goals.

### PARENTS' ORIENTATION

A student's academic and overall development is not just up to school but the parent needs to be involved at every step so as to keep the track of the progress their ward is making over the academic year. The school offers parent orientation program to discuss various aspects of students' schooling. So in this time of social distancing we planned for our orientation program through online mode for the parents of Grade 6 to 8 to give them an Idea of the various teaching methodologies being implemented at school and Brainstorming them about the pattern and process of attempting the upcoming SA 1 exams. By doing so the parents would be able to implement the learning process at their home. We are really grateful to all the parents for their kind cooperation and hoping to keep this continued.



### WORTH WHILE EXPERIENCES

The school offers a lot of Academic and Non-academic programs in order to help develop the skills and talents of each of our students.

### EFFECTIVE LEARNING

We guide students to know their capabilities and help them to grow and develop on their interests by providing them Leadership skills and in the future serve the community in their capacities.

## STAR PERFORMERS



Aditi Khadka, 6A



Ishika Singh, 6B



Ritik Yadav, 6C



Abhay Tiwari, 6D



Virat Saini, 6E



Ujjawal Yadav, 7A



Divyansh Kushwaha, 7B



Ujjwal Kashyap, 7C



Priyam Gupta, 7D



Utkarsh Singh, 7E



Shreya Tiwari, 7F



Agrini Trivedi, 8A



Shalu Gaur, 8B



Aditi Khadka, 6A



Ankita Pandey, 8D



Raj Rawat, 8E

# CO-CURRICULAR ACTIVITIES

Every activity in school life plays a significant role in development of students, as it helps in enhancing learning process of students at school. Co-curricular activities are meant to bring social skills, intellectual skills, moral values, personality progress and character appeal in students. Since, co-curricular activities are merged with academics, students get to learn by cultural events including national events and traditional events.

## CELEBRATING 1st VIRTUAL 74th INDEPENDENCE DAY

Independence Day celebrations at school often mean a beautifully decorated campus in ribbons and balloons of the National flag's colors, students proudly singing the Anthem and looking forward to present some amazing dance and song performances but due to present pandemic condition, our School gear up for virtual celebrations ranging from Flag hoisting with the staff in school by our Respected Sir and Ma'am, and at the same time simultaneous program with the students were conducted online where they participated virtually. Our management/organization heads also gave valuable speech on this auspicious day which was showcased in all the students whatsapp groups. Various competitions were held Grade wise and E-certificates were provided to the students.

#Speech videos related to independent movement was given by students.

#Solo dance performances

#Medley of patriotic songs.

Wearing tricolor dress, painting their cheek with tricolor, wearing..... with bands showcasing their love and dedication for their country. To commemorate the sacrifices of our freedom fighter, our little munchins dressed up like them and gave a short speech regarding their tribute and sacrifices.



## TEACHERS' DAY

'A good Teacher can inspire Hope, ignite Imagination and instill Love for learning'

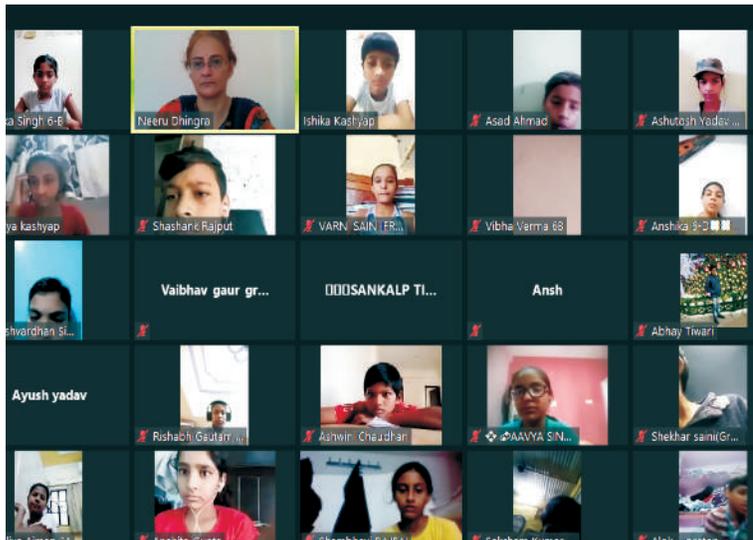
Teachers' day is celebrated on the 5th of September every year with great enthusiasm to honor Dr. Sarvepalli Radhakrishnan, India's Second President.

He was of the opinion that "Teachers' should be the best minds in the country". The future of a country lies in the hands of its children, and teachers, who can mould the students into future leaders, and thereby helping shaping their destiny. Teachers' Day is celebrated to acknowledge the challenges, hardships, and the special role that teachers play in our lives. It came out as a pleasant surprise for the members of the faculty when the students organized various events for their Teachers, as a token of Affection, Respect and Gratitude.

The students gave speech, prepared e-cards for all their teachers, made videos with picture of their favorite teacher and wrote beautiful quotes. They also made titles. Singing and dance performances were also conducted virtually. Students were asked to share the name of the most influential teacher who has inspired them and guided them.

## SPELL BEE

This is an educational game for learning to write, read and improve spelling. Our purpose is to help students improve their spelling, increase their vocabularies, learn concepts and develop correct English usage that will help them all their lives.



## E-MAIL WRITING

The students were briefed about the 17 Sustainable Development Goals and were asked to select one goal. Also they were told how to write a mail and scan the pictures. The students wrote mail in which they talked about what they can do for society.

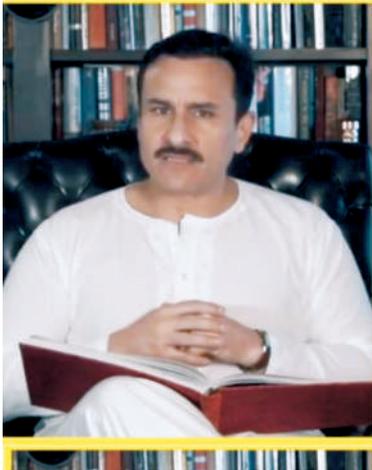


## READING CAMPAIGN DOUBLE THE FUN

Actors Saif Ali Khan, Madhuri Dixit Nene, Janhvi Kapoor, and Sobhita Dhulipala are some of the prominent names who are a part of the campaign.

'One Day, One Story' is an annual event conducted by the publishers on International Literacy Day (September 8) to promote reading among children. In its ninth edition, the campaign has grown over the fast 9 yrs. and now aims at conducting storytelling sessions with children online. The set-up involves an adult reading a story to a group of children from a children's book. The books chosen to be read at the campaign change every year.

Explore this incredible journey of Reading and Leading!



## KIDS SCREEN

### Khumba

This South African-made film is about a zebra prince born without all of his stripes who is cast out from the herd. Khumba isn't quite The Lion King, but there are a few similarities, namely the trio of goofy animal outcasts (here it's a wildebeest and an ostrich) that team up with the misfit zebra and help him learn to love himself—half-stripes and all—before returning to the herd.



### A Turtle's Tale: Sammy's Adventures

A Turtle's Tale follows the story of a young turtle hatchling who must endure countless obstacles—from hungry seagulls to manmade perils—on his journey to reunite with a lost friend. Starring the voices of Melanie Griffith and Tim Curry, the film has some pretty clear messages about the dangers of global warming, as well as some educational lessons about the turtles themselves.

### Abominable

Abominable is a 2019 computer-animated adventure film. The film follows a teenage girl named Yi, who encounters a young Yeti on the roof of her apartment building in Shanghai, names him Everest and embarks on an epic quest to reunite the magical creature with his family at the highest point on Earth along with her mischievous friends Jin and Peng, but the trio of friends will have to stay one-step ahead of Burnish, a wealthy man intent on capturing a Yeti, and zoologist Dr. Zara to help Everest get home.



## KUSH'S KITCHEN FOOD, GLORIOUS FOOD

*Living in a country surrounded by great food, India, I have a passion for eating and cooking has made this even more enjoyable. I also started a Youtube cooking channel named 'KUSH's Kitchen' to take it forward. I believe the important thing is to learn techniques rather than lots of recipes. Once you understand what is going on in the pan and why you do things a certain way, the sky's the limit. Here I am sharing with you my favourite recipe.*



### CRISPY HONEY CHILLI POTATO

#### Ingredients :

**For the first coating (dry batter) :** ½ cup flour (Maida), ¼ cup corn flour, 1/8 tsp. salt, 2 tbsps Oil,

**For the second coating (liquid batter) :** ½ cup all-purpose flour (Maida), ¼ cup corn flour, 1/8 tsp. salt, 2 tbsps. Oil, ½ cup water

**For the sauce :** 4 Green onions / ½ red onion (sliced), ½ bell pepper (capsicum sliced), 1 tsp. of ginger (chopped), 6-8 cloves of garlic (chopped), 3 tbsps. Honey, 1 tsp. chilly sauce , 2 tbsps. Soya sauce, 1 tsp. tomato ketchup, ¼ tsp. black pepper,

**Key Points :** 1. Add oil in the batter for coating.

2. Coat the potatoes (2 mid-size potatoes) twice; first with dry batter & then with liquid batter.

3. Fry the potatoes twice; first on a high flame for 2-4 minutes, and then on low flame until golden brown.

4. Add honey/sugar in the sauce after turning the flame off.

5. Add potatoes in the sauce after 5 minutes of turning the flame off.

- Kush Chaturvedi, Grade 7  
NLK ACADEMY

## AGREEMENTS OF E-CLASSROOM

**Be on time :** Be ready at least 15 minutes before the class and attend every class.

**Be ready :** Choose a comfortable place and keep your books and stationary nearby.

**Device Charged :** Check your laptop/phone/tablet charging and internet connectivity.

**Headphones :** Use headphones (If you have them)

**Video On :** Keep your video on.

**Mute Yourself :** Be sure to mute your microphone while joining the class.

**Chat Responsibility :** Send your doubts in the chat box.

**Participation :** Be focused, pay attention and be an active participant.

**Work on time :** Always check your assignments given on Whatsapp and complete them on that particular day.

**Surroundings :** Find a quiet place free of distractions (television, parents, toys, pets, siblings etc.)

**Be safe :** Don't give any personal information like address, phone, photos, passwords, school name etc.

**Be polite and respectful :** Stay on topic. Do not post irrelevant comments, links, thoughts or pictures.